

Key to the map



Scale

1 Kilometre

1 Mile

Want to explore further?

Walking: Signposted walks off the Green Ring are shown on the map overleaf. These include:

Ver Valley Walk: www.riverver.co.uk/pages-walks

Abbey Line Trail: www.abbeyline.org.uk/walks.htm

For walking information and leaflets across Hertfordshire visit www.hertsdirect.org/walking.

Cycling: A district-wide cycle map is available to help both new and experienced cyclists to plan their routes across the St Albans District. You can pick up your free copy from local libraries, cycle shops, Tourist Information Centre and Council offices. To request a copy, email: cycling@stalbens.gov.uk.

Other free leaflets are available in this series of local traffic-free or quiet cycle routes:



The Alban Way (St Albans - Hatfield)

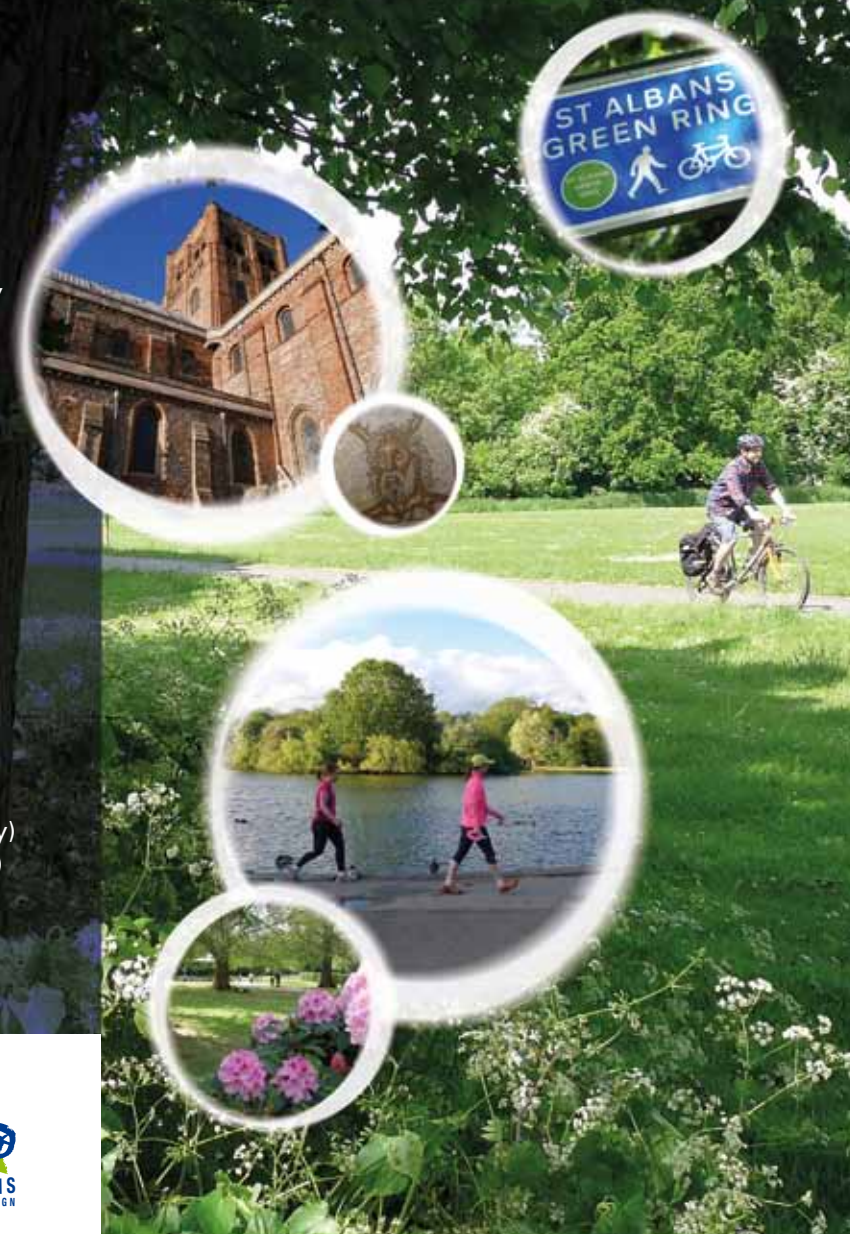
Abbey Way (St Albans - Watford)

The Ayots (Wheathampstead - Welwyn Garden City)

The Nickey Line (Harpenden to Hemel Hempstead)

To view online or order copies go to:
www.hertscycling.com

walking & cycling St Albans Green Ring



6.5 mile circular route around St Albans

**St Michael's, Sopwell, Fleetville,
Bernard's Heath, Townsend, New Greens**



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Design and photography and text - Wragg Art House: www.wah.co.uk

Jan 2016 - © WWAH 2016

Printed on environmentally friendly paper

St Albans Green Ring

...the Green way to work, school & play...

Plan your route around the green spaces of St Albans.

St Albans Green Ring offers you the chance to get out of the traffic and into the fresh air on a new network of paths encircling the city centre.

The Ring is a continuous walking and cycling route covering 6.5 miles (10km) of open space, parks, nature reserves, and heritage sites. It connects to schools, workplaces, shopping and leisure facilities, both of the city's railway stations, and St Albans' finest beauty spots.

- Enjoy a nature walk to the Watercress Beds, or a historical day out with the family at the Roman Theatre and Verulamium Museum.
- Warm up for your gym session with a run to Westminster Lodge Leisure Centre/ Verulamium Spa or cycle to your tennis match in Verulamium Park.
- Stop off at the swings in Bernard's Heath after school, or unwind after work with a scenic cycle ride from the station.

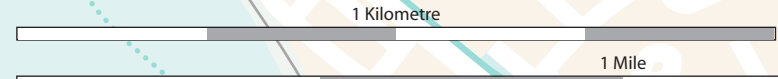
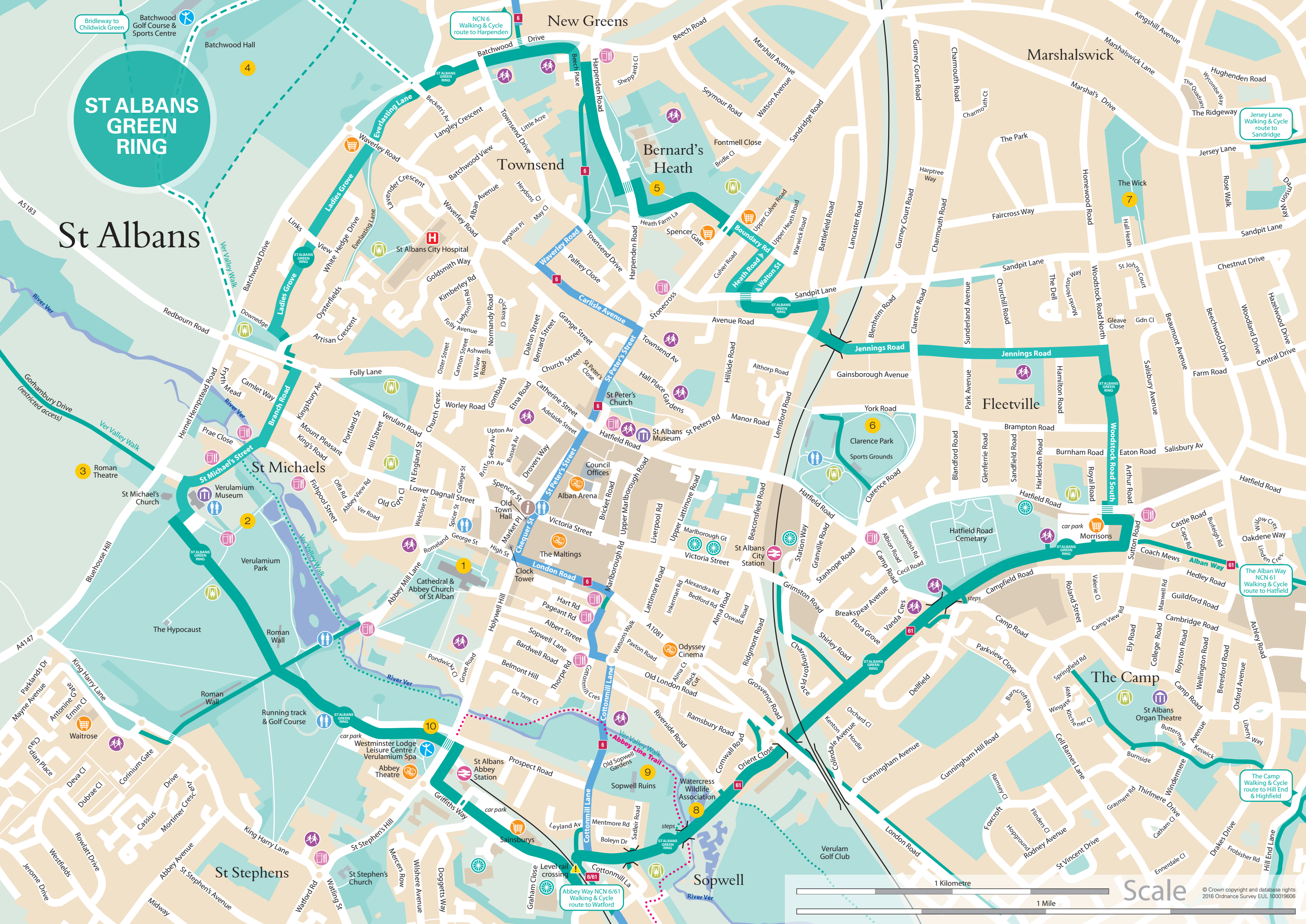
St Albans City and District Council are delighted to deliver the St Albans Green Ring as part of the 2009 City Vision for St Albans. The Ring links and enhances existing foot and cycle paths and extends from Townsend in the north to Fleetville in the east, Sopwell in the south and into Verulam Estate to the west.

Follow the route with this map, and look out for the signs!



ST ALBANS GREEN RING

St Albans



Scale
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