# WelHatCycling Newsletter June 2015

This month -

Our AGM will be held on Weds 10th June at 7.15 in the Campus East Offices, WGC.

We will endeavour to get the admin over with quickly before getting on to details of this summers events. All welcome. See our website for entry to the building.

We will need extra folks to help with the stall over the summer, any odd hour that you could spare would be much appreciated.

# Welwyn Garden City HealthFest

We will not have a Saturday Social this month as we will be at the HealthFest on Sat 13th June.

However we will be running led rides from the stall around the town. Come and join in or at least pop by our stall to say hello.

See <a href="http://www.welhatcycling.org.uk/events.htm#JUN">http://www.welhatcycling.org.uk/events.htm#JUN</a>

### Hertfordshire Cycling Festivals

Round 1 of the Tour of Hertfordshire kicks off this Sunday at Bricket Wood with Round 2 at Letchworth on Sunday 14th.

The closed roads will be open to families before racing starts.

Alongside the competition events there will be lots to see and do.

More details -

Bricket Wood <a href="http://watfordcyclehub.org.uk/">http://watfordcyclehub.org.uk/</a>

Letchworth <a href="http://www.letchworthgrandprix.co.uk/">http://www.letchworthgrandprix.co.uk/</a>

#### Bikeweek 2015

Bikeweek runs from 13th - 21st of June. This year's theme focuses on cycling to work.

http://bikeweek.org.uk

Extra events will be held until September.

#### Sustrans Favourite

As part of the 20 year Anniversary Sustrans are asking everyone to vote for their favourite route. <a href="http://www.sustrans.org.uk/ncn/map/national-cycle-network/your-favourite-route-under-30-miles">http://www.sustrans.org.uk/ncn/map/national-cycle-network/your-favourite-route-under-30-miles</a>

## Letter to No 10

Following the election Chris Boardman asks David Cameron to crack on his pre-election commitment to cycling.

https://www.britishcycling.org.uk/campaigning/article/20150521-campaigning-news-Boardman-calls-on-Cameron-to-get-moving

### Reasons to be cheerful

Cyclists 40 per cent less likely to be stressed following their commute.

# http://road.cc/content/news/151540-cyclists-40-cent-less-likely-be-stressed-following-their-commute

Cars cost society six times as much as bicycles concludes Danish cost-benefit study. Investments in cycle infrastructure give higher returns. <a href="http://road.cc/content/news/151474-video-cars-cost-society-six-times-much-bicycles-concludes-danish-cost-benefit">http://road.cc/content/news/151474-video-cars-cost-society-six-times-much-bicycles-concludes-danish-cost-benefit</a>

That's all for now John

http://www.welhatcycling.org.uk