

# WelHatCycling Newsletter November 2014

This Month -

This Saturday, our social ride takes an interesting route to the quirky Emily's Tea Shop. We will leave Campus West in Welwyn Garden City at 11am (you should find us outside reception) to ride on and off road to the farm at Whitwell.

All our rides are guided, we ride at the slowest pace, no-one gets left behind !  
Details on <http://www.welhatcycling.org.uk/events.htm#NOV>

## Alban Way Works

At the St Albans end, the Alban Way was temporarily closed for widening by the sacred Morrison tree.

The path is open again, but the result is not a massive improvement, so extra care still needs to be taken.

## Cycling and Driving Instructors

Blaine Walsh of Driving-instructor.tv and Michael Frearson of The Association of Bikeability Schemes share their thoughts on why cyclists sometimes ride in the middle of the road, on how "right of way" doesn't exist and how instructors have a vital role to play in teaching the next generation of drivers that everyone has a right to use roads and not just motorists.

9 mins long. <https://www.youtube.com/watch?v=lJHXzt7TC2k>

## Chris Boardman on BBC Breakfast

Chris was on TV talking about cycling on Monday.

However, as he was seen riding without a helmet, the piece got hijacked by the H&S lobby. Here is his reply, and check out the Dutch video.

<http://www.britishcycling.org.uk/campaigning/article/20141103-campaigning-news-Boardman--Why-I-didn-t-wear-a-helmet-on-BBC-Breakfast-0>

## Glow in the Dark Road Paint

Could be useful in rural areas.

<http://www.wired.co.uk/news/archive/2014-10/28/glow-in-the-dark-highways-london-birmingham>

## 3D Tour de France in 5mins

A Dutch start to the 2015 event.

<https://www.youtube.com/watch?v=eryYgokNN3s#t=278>

That's all for now,  
John

<http://www.welhatcycling.org.uk/>