## Welwyn Hatfield Cycling Newsletter August 2014

This month -

Sat Social 9th August Lea Paddlers, Hatfield Swim Centre, Lemsford Road 11am.

Our mission to visit the river Lea to paddle three times, using a favourite route from Hatfield to Wheathampstead via Symonds Hyde Wood and the Lea ford. A leisurely lunch at Jack's Café where there are steps down to the Lea and then back along the pretty Ayot Greenway to Sherrardspark Wood.

Avoiding the town centre, we will then have our third paddle at Stanborough Park and possibly an ice cream before returning to Hatfield.

Details at <a href="http://www.welhatcycling.org.uk/events.htm#AUG">http://www.welhatcycling.org.uk/events.htm#AUG</a>

## Herts Year of Cycling

A lot is happening behind the scenes for Hertfordshire's Year of Cycling. Already a basic web site has been set up, which it is hoped will provide maps of cycle routes across the County; an events calendar; links to local cycling groups; video diaries; general advice about cycling, etc, etc.

Some equipment has been obtained for publicity stalls, including a cycle video simulator and a smoothie making machine.

Publicity leaflets, freebies and even a Hertfordshire Year of Cycling cycling shirt have been produced.

Other programmes are being developed, including annual cycling events; schools programmes; cycle friendly businesses; and a project for GPs to refer patients to cycling schemes. The scheme will run for 12 months into 2015.

Watch developments

on <a href="http://www.hertsdirect.org/services/transtreets/hertscounttravsurv/travelwise/webcycle/yearofcycling/">http://www.hertsdirect.org/services/transtreets/hertscounttravsurv/travelwise/webcycle/yearofcycling/</a>

#### Explore the Chilterns

If you fancy going further this summer and exploring somewhere new, the Chiltern Hills might just be the place to go.

In August there is free bike hire to anybody arriving by train at Great Missenden, Buckinghamshire and £5 for people going by car.

http://cyclechilterns.co.uk/cycle-hire-in-the-chilterns/

#### Space for Cycling

If you haven't seen the Space for Cycling Campaign, take a look and send your concerns to our Councillors via the online form here <a href="http://www.ctc.org.uk/campaign/space-for-cycling">http://www.ctc.org.uk/campaign/space-for-cycling</a>

#### Reinventing the Wheel

A gyro mechanism built into the front wheel to provide a self balancing training bike for small children.

## http://www.youtube.com/watch?v=cGRlAl8CD8Y

# Jyrobike on The Cycle Show Jyrobike

ITV4's Cycle Show is a "series for cycling enthusiasts, packed with cycling chat, news and features", and we're big fans! We were invited to appear in episode 1 of season 3 - an honour we were happy to accept! See Ed Clancy talk about Jyrobike, and another happy kid learn to ride! (Show link)

Should be available later this this year <a href="http://shop-eu.jyrobike.com/">http://shop-eu.jyrobike.com/</a>

### **Iceland by Bike**

A stark contrast to the green of Hertfordshire, 15min long <a href="http://vimeo.com/98904694">http://vimeo.com/98904694</a>

That's all for now,

John

http://www.welhatcycling.org.uk