

Welwyn Hatfield Cycling Newsletter July 2014

Our rides this month -

12th July, Saturday Social. Trotters Bottom and beyond. Leaving Hatfield Swim Centre, Lemsford Rd at 11am,

we cycle south along National Route 12 to South Mimms and a short ride down the 1930s cycle path along side the A1.

At Trotters Bottom we use a bridleway bridge to head south east to Barnet. We will roll downhill to the Dollis Valley Greenway which we then follow for 2 miles followed by lunch. A short ride to Oakleigh Park station to get the train back to Hatfield.

Sunday 13th July, Family Ride to Wheathampstead Village Day.

We will leave at 11am from outside Campus West, WGC to ride the pretty Ayot Green Way.

Always an excellent day out on a mainly off road route to see the carnival parade along the High Street and a full programme of park activities.

All our rides run at a slow relaxed pace, no need to worry about getting left behind. All bikes, trikes and handcycles welcome.

Bring a lock and don't forget to bring your water bottle if the weather is warm.

Details at <http://welhatcycling.org.uk/events.htm#JUL>

At the moment we think that the Friends of Panhanger Park cycling event scheduled for 26th July will be postponed until later in the year. Details when we get them.

Workplace Cycling Challenge

If you work in St Albans or London Colney do consider getting your company signed up for the Workplace Challenge.

Details on <http://www.lovetoride.net/hertfordshire>

Women Only Courses

The very friendly Watford Cycle Hub are continuing to offer cycle training and bike maintenance courses.

<http://watfordcyclehub.org.uk/courses/womens-only-cycle-training/>

MTB Skill Courses

If you can get your kids to Wendover in Bucks during the school holidays, the MTB Centre are holding 2 hour training sessions on tuesdays for 10-16 year olds.

<http://cyclechilterns.co.uk/summer-fun-with-mtb-skills-sessions/>

Australia by Bike

Some amazing photographs chronicling an epic journey 100 years ago.

<http://www.dailymail.co.uk/news/article-2654800/Historic-photos-3-000km-bike-ride-Adelaide-Darwin.html>

Tour t' France

As you are aware the Tour de France starts in the UK this weekend with Yorkshire hosting stages 1 & 2.

The locals have created this novel lightshow <http://festival.yorkshire.com/events/ghost-peloton> and written a song for the push iron <http://www.hedgehogcycling.co.uk/south-yorkshire-plumber-writes-tour-de-france-song.html>

Stage 3 starts in Cambridge on Monday then wizzes south through Essex, Epping Forest and the Olympic Park and alongside the Thames to finish on the Mall. Detailed route here <http://ridewithgps.com/routes/5108211>

Beryl Burton Play

Maxine Peake wrote and also appears in a new play which dramatises the amazing story of Beryl Burton.

<http://www.theguardian.com/stage/2014/jan/29/maxine-peake-yorkshire-cyclist-play-stage-tour-de-france>

That's all for this month.

Just get on yer bike !

John

<http://welhatcycling.org.uk>